PERFORMANCE APPRAISAL REPORT

PROFORMA FOR HEALTH CHECK UP

For the Officers of Bihar State Power (Holding) Company Limited and its Subsidiary Companies (SBPDCL/NBPDCL/BSPTCL/BSPGCL)











हमारा आधार ऊर्जस्वित बिहार

PROFORMA FOR HEALTH CHECK UP

Emp . Id		Date:-
Name:-	Age	Sex: (M/F)
Brief Clinical History, If any		
A .Examination		
Physical	Systemic	
Investigation:-		
A. Investigations Report		

1	Haemogram	
	(i) Haemoglobin	
	(ii) TLC	
	(iii) DLC	
	(a) Polymorphs	
	(b) Lymphocytes	
	(c) Eosinophills	
	(d) Basophils	
	(e) Monocytes	
2	Blood Sugar	
	(i) Fasting	
3	Lipid Profile	
	(i) Total Cholesterol	
	(ii) HDL Cholesterol	
	(iii) LDL Cholesterol	
	(iv) VLDL Cholesterol	
	(v) Triglycerides	
4	Liver Function Tests	
	(i) S. Bilirubin (Total)	
	(ii) S.Bilirubin (Direct)	
	(iii) S.G.O.T	
	(IV) S.G.P.T	
5	Kidney Function Tests	
	(i)Blood Urea	
	(ii) S.Creatinine	
	(iii) S. Uric Acid	
6	X-Ray-Chest PA view Report	
7	ECG Report	
8	USG Abdomen Report	
9	Mammography Report (Women)	

B. Medical Report of the officer:-

1	Hemoglobin level of the officer	Normal/Low
2	Blood Sugar Level	Satisfactory/Normal/High/Low
3	Cholesterol level of the officer	Normal/High/Low
4	Liver Functioning	Satisfactory/Normal/dyfunctioning
5	Kidney Status	Normal/ Both- one kidney not functional optimally
6	Cardiac Status	Normal/ enlarged / blocked/ not normal

C. Summary of Medical Report (Only Copy of this part is to be attached to APAR)

1	Overall Health to the officer	
2	Any other remarks based on the Health Medical check up of the Officer	
3	Health Profile Grading	

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Medical Officer

Signature of Medical Authority Designation :